



River Drive Surgery and Laser Center is a state-of-the-art ophthalmic ambulatory surgery facility where we perform our surgeries. It is dedicated to providing excellence in eye care in a professional and compassionate environment. The staff at River Drive Surgery and Laser Center will do their utmost to make your experience comfortable. The following information is for you to review prior to arrival.

## What you can expect at River Drive Surgery and Laser Center

**PLEASE DO NOT EAT OR DRINK SIX HOURS BEFORE** arriving for surgery to avoid nausea and vomiting during or after surgery.

Please take all your medications as prescribed by your physician, including anticoagulants, unless instructed otherwise by your private medical doctor. If taking medication day of surgery please take with a sip of water.

If you are an Insulin dependent diabetic, please take ½ normal dose insulin medications, and eat a light meal (ex: tea and toast) prior to your surgery. You should carry a snack or juice if you get low blood sugar. Avoid any dairy products.

**Upon arrival to the center** you will be instructed **NOT TO EAT OR DRINK** anything until your procedure is complete.

Please bring a **list of all your medications**, including the name, strength, and time you take your pills. A written list of your medications is essential.

During surgery, an anesthesiologist will monitor your blood pressure, pulse, and breathing and give you medication to relieve anxiety and to insure that you are comfortable. Anesthesia is something that will make you feel sleepy or go to sleep during your procedure. The Anesthesiologist will discuss with you the type of anesthesia that will be used prior to your procedure and any possible side effects. You will sign an anesthesia consent at that time. **Please do not consume any alcohol, smoke cigarettes or any use of cannabis products such as gummies, vape, or CBD oil from 12 midnight prior to your surgery.**

Different procedures require different amounts of time. Because of this, you can expect your visit with us can last up to 5 hours.

In the reception area:

The receptionist will welcome you for check-in and review the paperwork you signed in your surgeons' office:

- The informed consents
- The disclosure form explains financial disclosure and Advanced Directive / Living Will information. **If you have an Advanced Directive / Living Will please bring the information with you the day of your procedure.**
- Healthcare Questionnaire
- Discharge instructions
- Legal guardianship, if you have a power of attorney, please bring a copy of the legal documents so the consent for the procedure can be signed.
- A valid form of identification with photo, i.e., driver's license or passport.

Healthcare benefits and coverage options are becoming increasingly complex. It is YOUR responsibility to know if your insurance has specific rules and regulations, such as the need for referrals from your primary care physician, pre certification, limits on outpatient charges, or specific physicians and/or hospitals that you need to use. You should be knowledgeable of any deductible, co-payments and/or coinsurance. This applies to all payers regardless of whether or not our physicians participate.

The responsibility for payment of fees for services is your responsibility. Your health benefit plan is an arrangement between you, the enrollee, and the insurance company, HMO, or your employer. Your health benefit plan determines your coverage, requirements, and establishes the limit on your coverage for medical services based on what they determine is medically necessary. However, we will do our best to assist you with understanding your proposed treatment in answering questions related to insurance.

- Please **BRING YOUR INSURANCE CARD**. Some insurance plans require co-payments, deductibles and/or referrals prior to surgery.
- River Drive Surgery Center **will collect your co-payment, deductible, and coinsurance PRIOR to services being rendered (day of surgery)**. We accept All Major Credit Cards, cash or check. If you have any questions, please contact the **billing department** at 201-703-5544 prior to your arrival at the center.
- A claim will be sent to your insurance company for payment. Once the surgical center has received your explanation of benefits, you may have an additional insurance payment. A bill will be forwarded to you for payment.
- You will receive a separate bill from four entities:  
Surgery center  
Surgeon  
Anesthesia  
Medical doctor

**River Drive Surgery and Laser Center is not responsible for any lost or stolen personal articles. Please leave your valuable possessions at home.** A locker is provided, if necessary, for non-valued items

A complete history and physical and EKG is required prior to your surgery. Blood and x-ray are optional. Please make arrangements with your medical doctor prior to the scheduled surgery date. The surgery center requires the medical clearance (complete history and physical and EKG) to be faxed **at least 1 week prior to your surgery please have the medical clearance faxed to 201-703-1780 or emailed to [scheduling@riverdrivesurgery.com](mailto:scheduling@riverdrivesurgery.com) stating you are cleared to have surgery in an ambulatory surgery center.**

**Laser surgery patients require a history and physical.**

- The history and physical expires after 30 days.
- The EKG expires after 6 months.
- Please wear loose fitting clothing, a button front shirt and comfortable shoes. Please do not wear pantyhose, makeup or jewelry.

You are welcomed to have a support person accompany you. Please park your car. Proceed to the carport and enter by double sliding doors. **You are not permitted to drive yourself home after the procedure.** Please make arrangements to have someone assist you in getting home post surgery. **Your procedure will be canceled if you do not have a ride home.**

#### **Transportation Options:**

- Have a friend or relative drive you. There will be a wait time.
- You can arrange for a private car service. You will pay them directly United Limo 973-615-8300
- You can also use Uber, Lift, etc.....
- You may also check with your insurance carrier to see if they provide transportation

We try our best to provide a caring and accommodating atmosphere. WiFi is available in the waiting room. Unfortunately, the Center cannot accommodate patients that weigh more than 350 lbs, patients younger than 18 years of age. If you have any questions, call River Drive Surgery & Laser Center at 201-703-2900.

We are located on the left side of the building our address is 619 River Drive Elmwood Park, NJ 07047.

We look forward to seeing you.